FACTORS AFFECTING POSTHARVEST QUALITY OF HORTICULTURAL PRODUCES



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Outline of the presentation

- Definition of quality
- Maintaining quality
- Factors affecting postharvest quality
- Factors affecting quality during storage
- Storage types
- Advantages of CA storage



POWERTY AND FOOD SUPPLY





OVER PRODUCTION AND MARKET COMPETITON



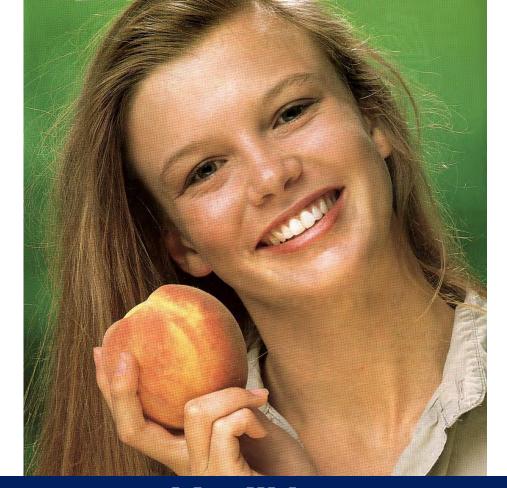
PRODUCTION



CONSUMER PREFERENCE PRODUCE DIVERSITY FOOD SAFETY QUALITY



What consumers tell us



- Appeal to my senses and I will buy your produce
 - Taste is the most important factor
 - Price less an issue IF you consistently deliver on great taste







Market Competition Fresh-cut products vs. Intact products



Introduction new tomato types



Introduction new cultivars



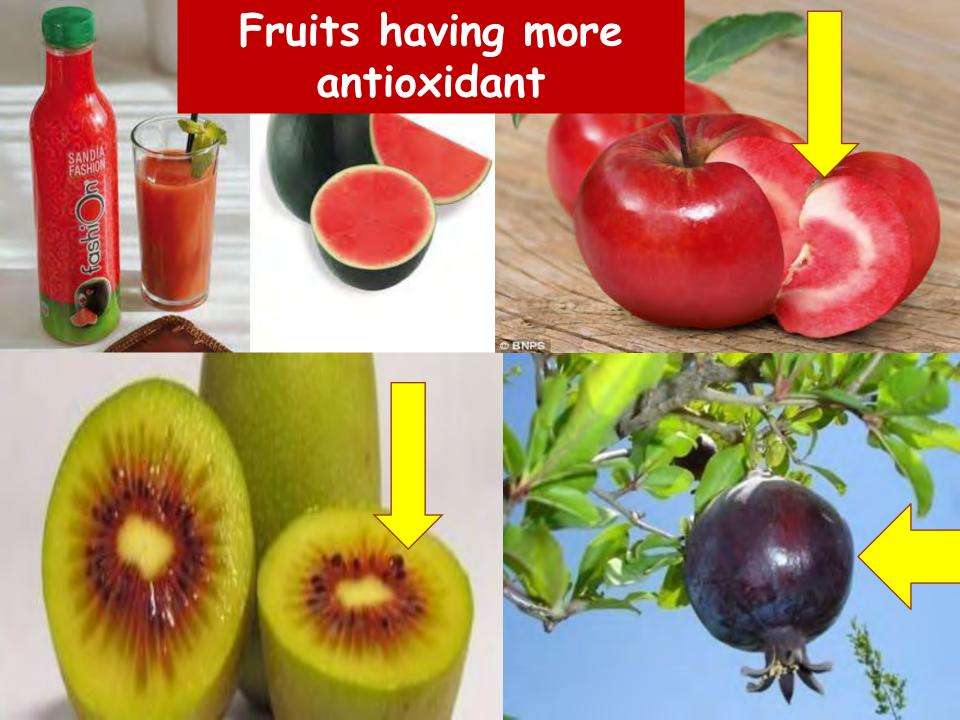












Product quality

To provide high quality fruits and vegetables throughout the year, it is required to start from high quality materials at harvest.

Product quality is only maintained after harvest. Not improved.....

Pre-harvest and post-harvest factors maximize or minimize the quality of the fresh fruit and vegetables.





CONSUMERS' DECISIONS TO BUY

External Appearance

Emerla

BUY Manual

Texture

EXTERNAL QUALITY









External color/quality relation





INTERNAL QUALITY









CONSUMERS' DECISIONS TO BUY THE SECOND TIME



Quality

External Quality

Size and shape Skin color Physiological disorders

Internal Quality

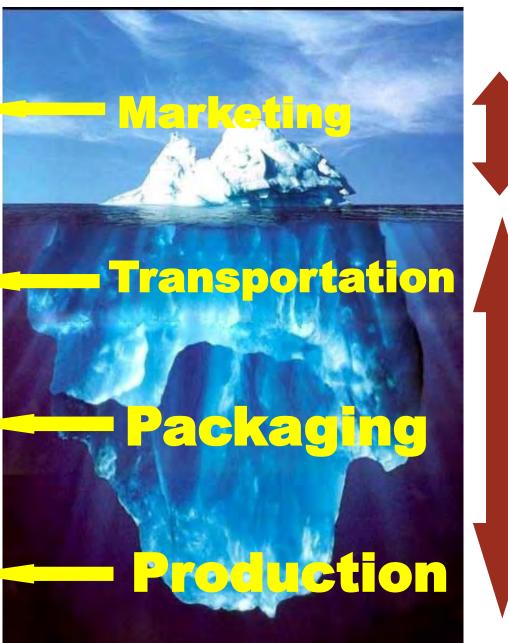
Taste and aroma
Vitamins
Texture
Flesh color
Physiological disorders



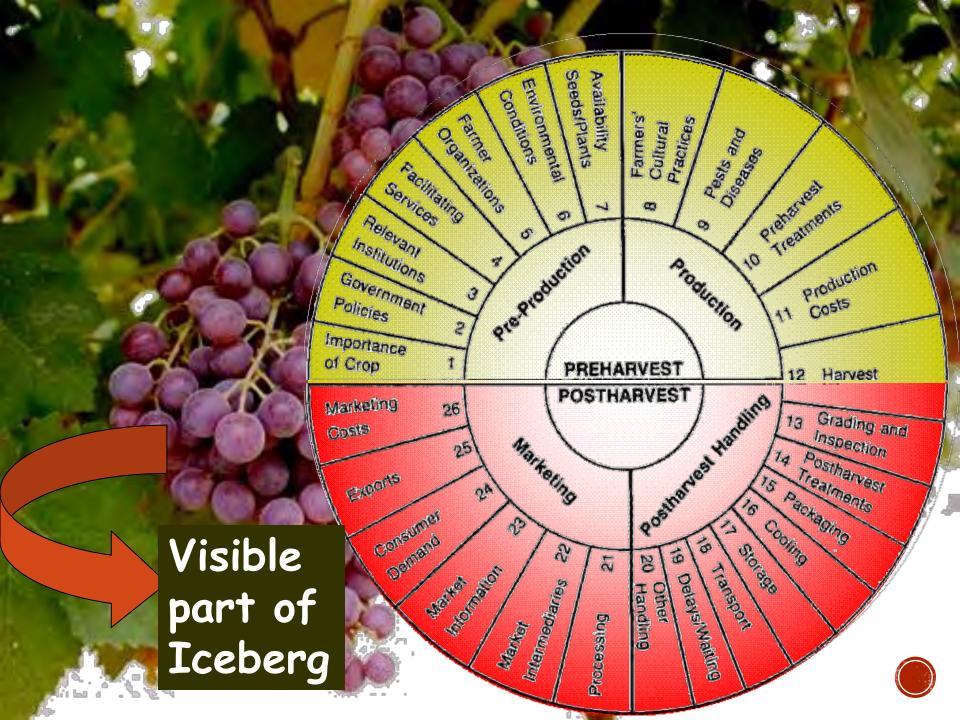












TOTAL QUALITY MANAGEMENT

- 1. Production quality
- 2. Harvest and handling quality
- 3. Storage quality
- 4. Packaging quality
- 5. Transportation quality
- 6. Marketing quality

Total quality





PRODUCTION QUALITY



Harvest and handling quality









Storage quality





















Packaging is the silent seller of the product



Smart Packaging



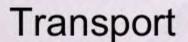




Transportation quality







Rail ways Road ways Air ways Water ways



Use of CA technology during transportation



Pallet Covers for Carbon Dioxide Treatment of Strawberries during Transport





USE OF MAP DURING TRANSPORTATION AND STORAGE FOR POMEGRANATES





USE OF MAP DURING TRANSPORTATION AND STORAGE FOR CHERRIES









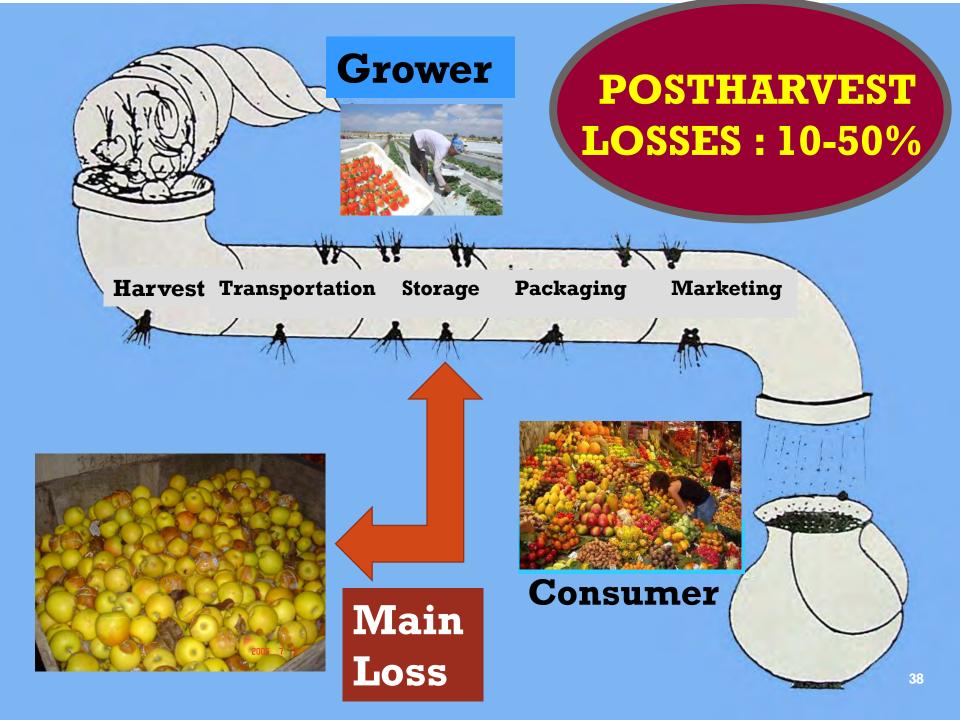




Fruits and vegetables are an important source of carbonhydrates, proteins, organic acids, vitamins and minerals for human nutrition.

However, fruits and vegetables are highly perishable products particularly once they have been harvested.





POSTHARVEST LOSSES

Quantity (Water loss, decay, physilogical disorders,



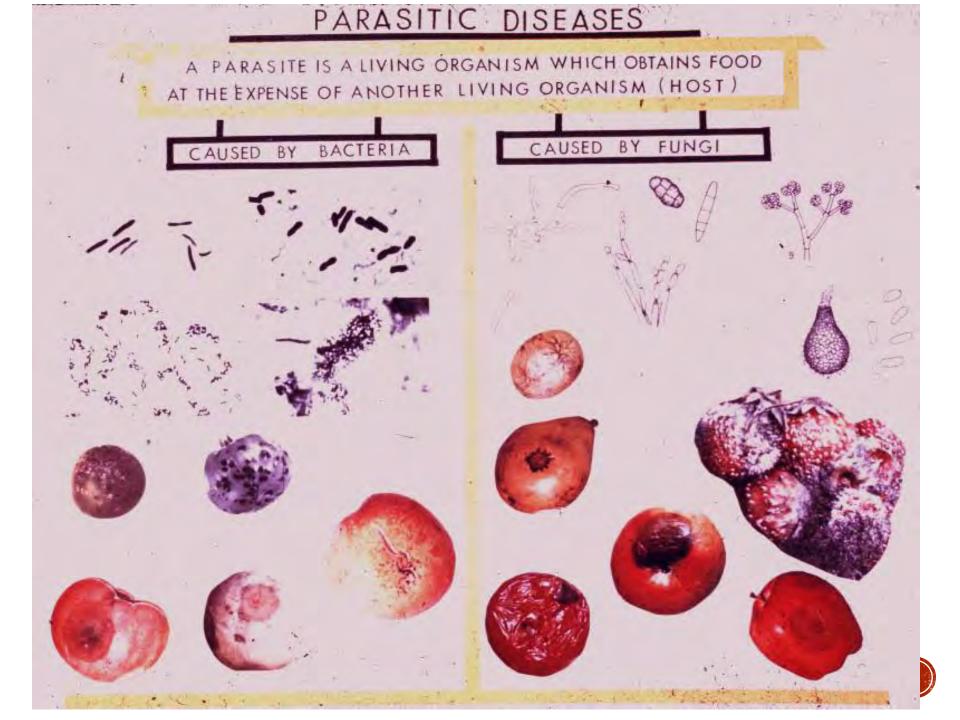
Quality (texture, firmness, vitamins)











NON PARASITIC DISEASES INJURIES MECHANICAL INSECT CHEMICAL



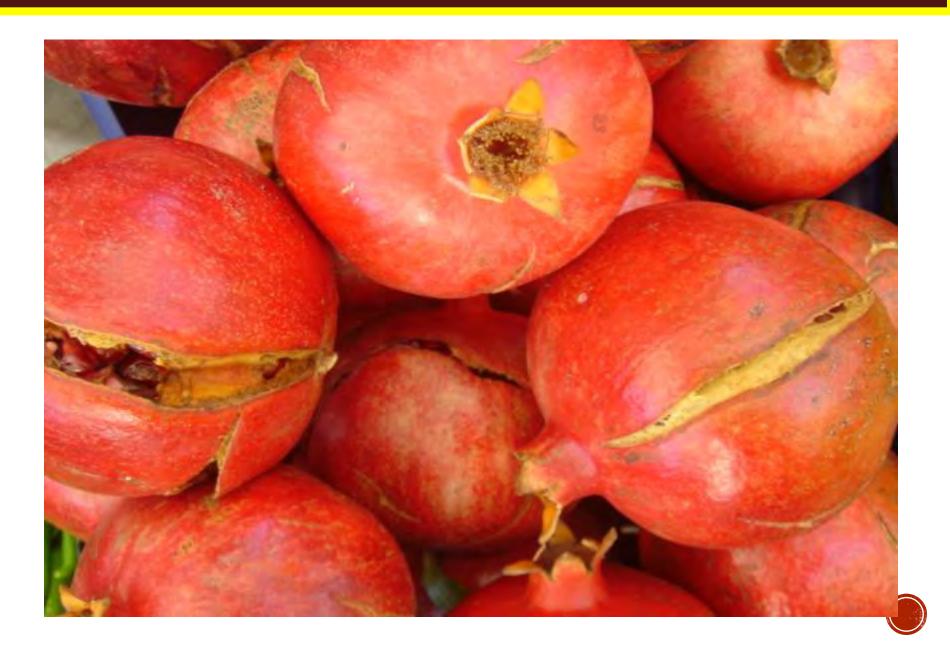


Superficial scald in 'Granny Smith' apples.

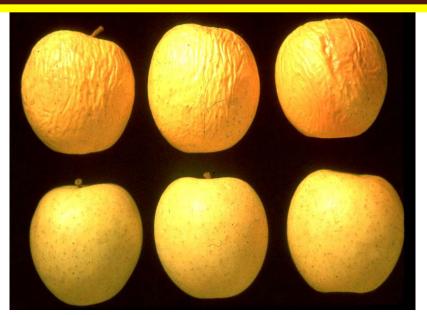


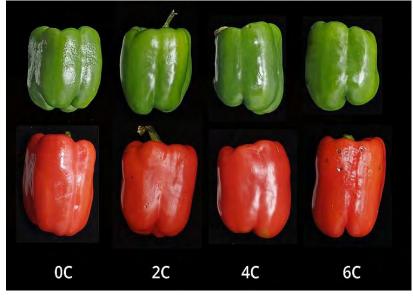


CRACKING INJURY



CHILLING INJURY













SUN BURN INJURY

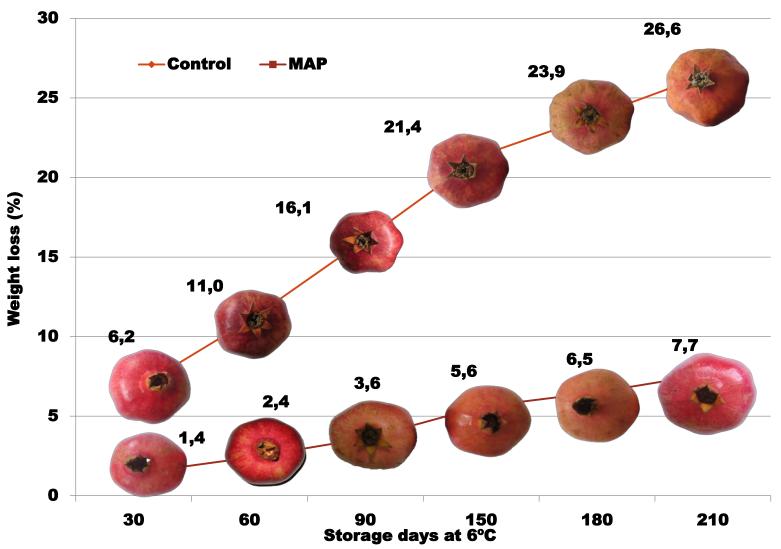






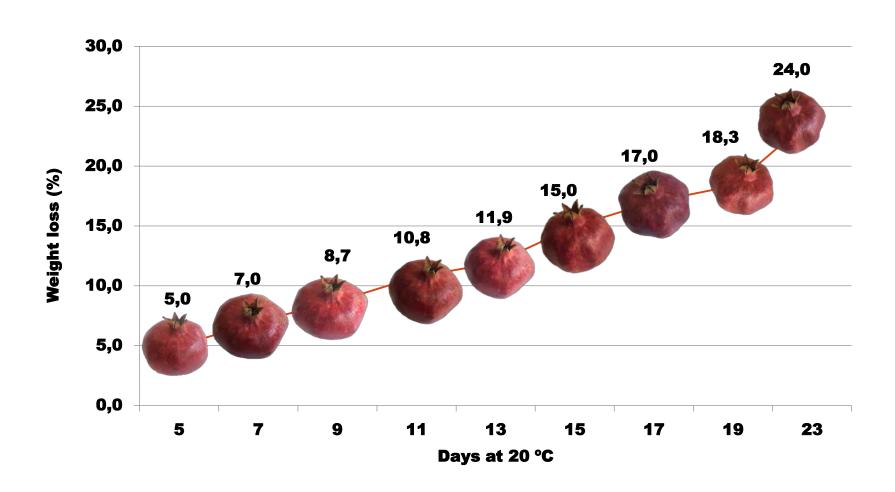


Weight loss due to low RH



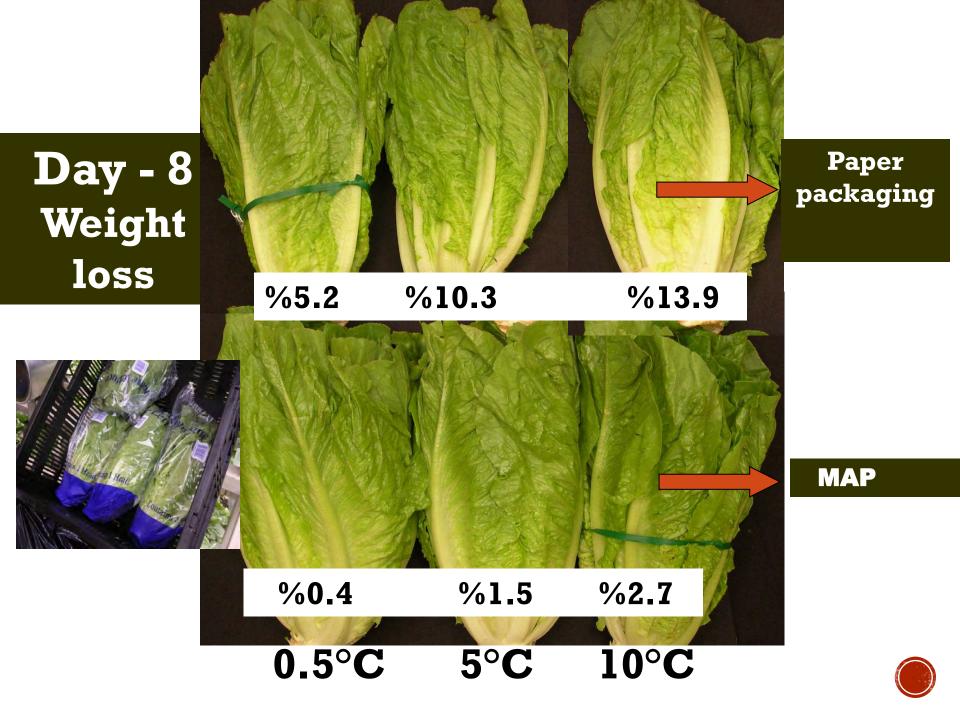


Weight loss due to low RH



Hicaznar pomegranates stored for 180 days at 6°C







Primary factors of postharvest losses

- Poor pre-harvest techniques
- Improper handling
- Inadequate marketing system
- Inadequate transportation facilities
- Lack of information

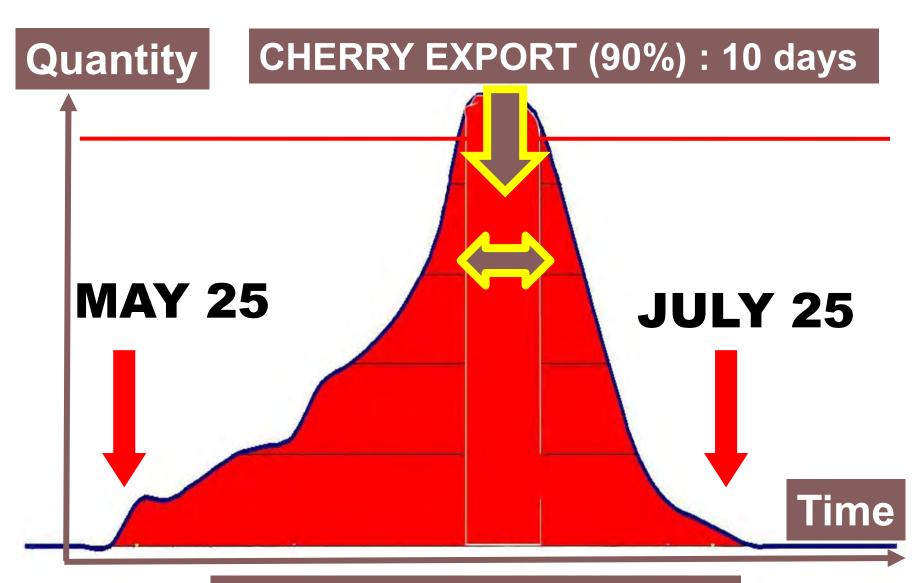






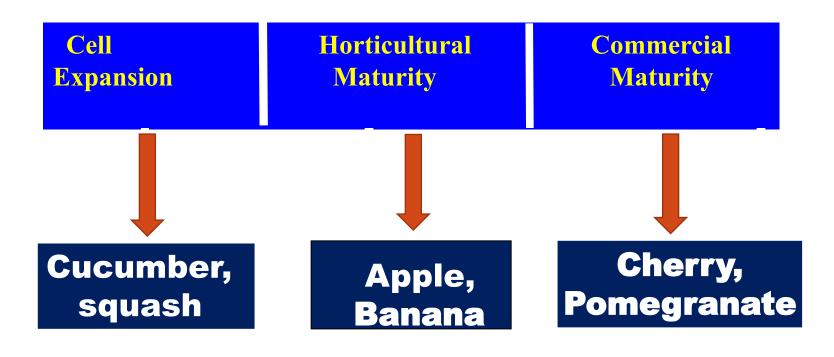
Importance of maturity and storage

- To obtain maximum sensory and nutritional quality fruit for customer perception,
- To obtain prolonged storage and shelf life capacity,
- To facilitate scheduling of harvest window and packing house operations,
- To manage shipping and marketing.



CHERRY HARVEST: 60 DAYS

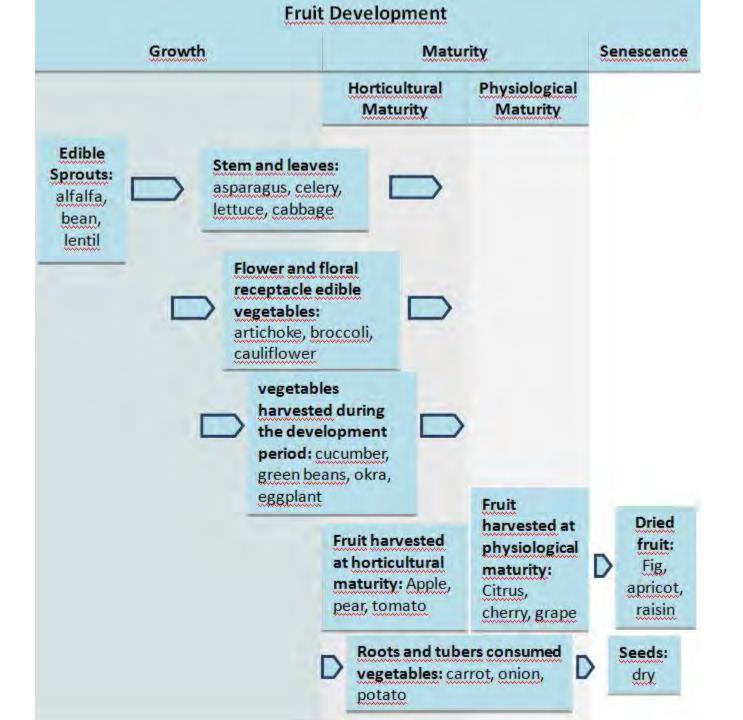
Determination of Harvest Maturity







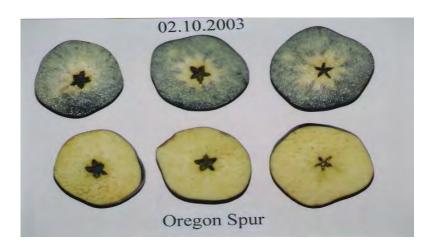




Harvesting and Postharvest handling Systems for various Commodity Groups

Maturity indices:

- size and shape
- Skin and flesh color
- Starch index
- Firmness
- Soluble solids
- Titratable acidity
- Respiration rate
- Ethylene production







Disadvantages of early harvest

- Early harvested fruits and vegetables have not reached their final size, shape and weight due to uncompleted fruit development that results in low yield,
- In early harvested fruits, carbohydrates and primarily sugar accumulation, loss of acid and astringent substances, cell wall degradation and the formation of aroma substances are not enough.
- Fruits harvested early cannot develop the desired skin color.
- Cuticular and lenticular development is not completed in early harvested fruits, so weight losses due to water loss is high and these fruits wrinkles quickly,
- Early harvested fruits are prone to some physiological disorders such as superficial scald.

Disadvantages of late harvest

- •The storage duration of late harvested fruit is relatively shorter than those of optimal harvested crops,
- These fruits are prone to fungal decay since they are over-matured,
- The fruit taste is inferior due to the reduction in acidity,
- •They are susceptible to some physiological disorders such as senescence breakdown, internal browning, Jonathan spot etc.,
- •Late harvest increases pre-harvest fruit drop and ends up with a reduced marketable yield.

PRE-HARVEST DROP IN APPLES









The main maturity indices in EU and the USA for Citrus*

Citrus	TSS	TA	TSS/TA	Juice	
Types	(%)	(%)	ratio	(%)	
Oranges	8	0.4-0.7	8–10	>33	
Navel			8-8.5	>33	
oranges					
Blood			7	>30	
oranges					
Others				>35	
Mandarins	>8-8.5	0.3-0.5	6.5-7.5		
Satsumas			6.5	>33	
Clementines			7	>40	
Hybrids/other			7.5		
Lemons				>20	
Grapefruits	6-7		5.5-7	>35	



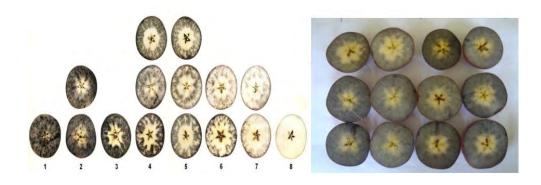
Days after full bloom to harvest in some temperate-zone climate fruits

Species	Variety	Days full bloom to	Species	Variety	Days full bloom to			
		harvest			harvest			
	Starking	155-160		Formasa	120-130			
	Delicious							
	Golden	150-155		Santarosa	120-130			
	Delicious							
Apple	Amasya	160-170		Black Beauty	125-135			
	Granny Smith	180-190	Plum	Angeleno	175-185			
	Red Chief	140-150		Papaz	80-90			
	Jersey Mac	100-110		Stanley	125-135			
	Bing Spur	40-45		Grand Prise	120-130			
	Stella	55-60		Gaint	145-155			
	Van	55-65		Spring Time	90-100			
Sweet Cherry	Jubile	55-65		Spring Lady	100-110			
	0900 Ziraat	60-70		July Elberta	125-135			
	Morten Late	65-75	Peach	Elegant Lady	130-140			
Pear	Akça	75-85		Alyanak Hale	165-175			
	Santa Maria	115-125		Monreo	170-180			
	Williams	135-145		Early Sun Grad	90-100			
	Abba Fetel	140-150		Spring Red	95-105			
	Ankara	150-160	Nectarine	Sun Red	100-110			
	Deveci	150-160		June Berta	105-115 (63)			
	Kieffer	140-150						

Maturity is Judged by Starch



Mature





Skin Color



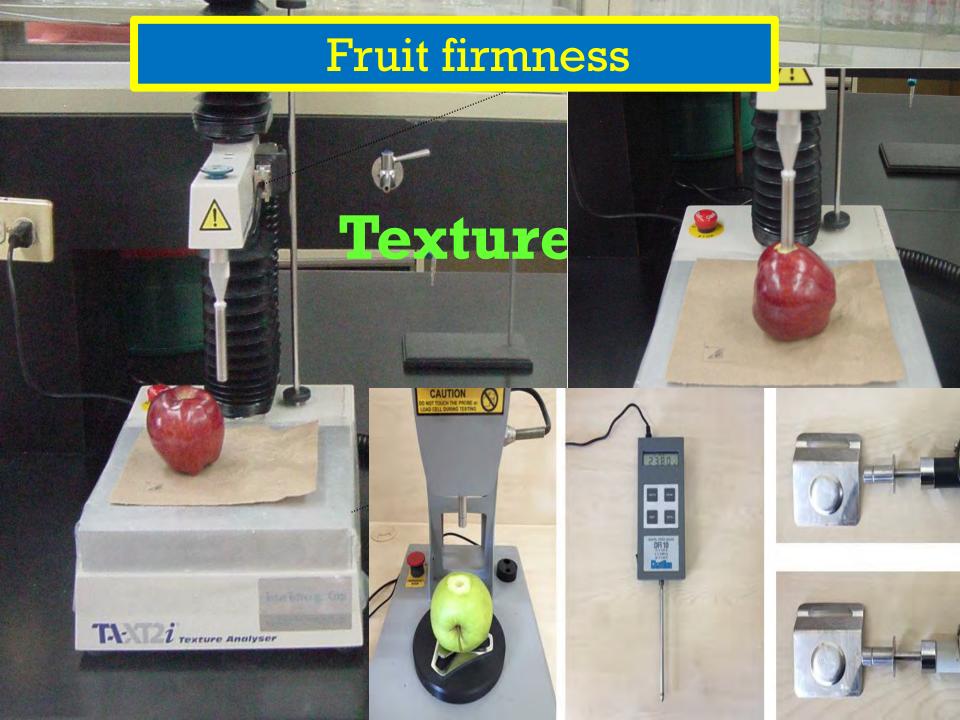




TOTAL SOLUBLE SOLIDS







Respiration rate and ethylene production







Summary of maturity indices for different horticultural crops

Species - Maturity indices	Days after anthesis	Days after planting	Skin color	Flesh (seed/aril)	Flesh firmness	Juice content	Soluble solids content (SSC)	Titratable acidity (TA)	Ripening index (TSS /	Starch - iodine test	Oil content	Internal ethylene	Respiration climacteric	Absicion layer	Hull splitting	Size and shape	Aroma production	Firm head/Compact
Apple	+		+		+		+			+		+	+	+		+	+	
Pear	+		+		+		+			+		+	+	+		+		
Peach			+	+	+		+		+			+	+			+		
Sweet Cherry			+	+	+		+	+	+					+		+		
Mandarin- Orange- Grapefruit						+	+	+	+							+		
Grape			+		+		+	+	+							+		
Banana	+									+			+			+		
Kiwi							+						+			+		
Avocado											+		+			+		
Tomato			+	+			+	+	+				+			+		
Pepper			+													+		
Melon				+			+	+					+	+		+	+	
Watermelon				+			+									+		
Lettuce																		+
Broccoli																		

The main objectives of applying postharvest technology to harvested fruits and vegetables are

- to maintain quality
- to protect food safety
- to reduces fungal and physiological losses between harvest and consumption.





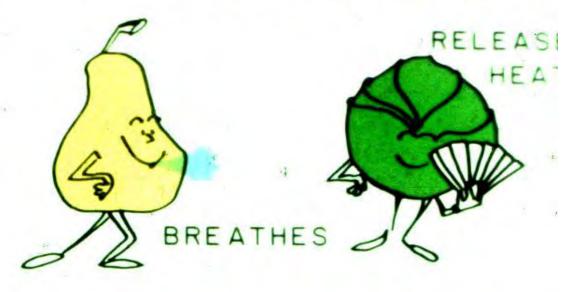
STORAGE SUCCSESS DEPENDS ON

- Species,
- Cultivars,
- O₂ and CO₂ levels in the storage room,
- Storage temperature,
- Stage of maturity of produce at harvest,
- Growing conditions before harvest,
- Presence of ethylene in the storage room
- Use of ethylene antagonist (1-MCP and etc.)

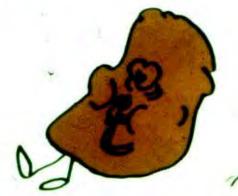


TRESH PRODUCE









CAN EVEN DIE



CAN GET SICK

COLD CHAIN MANEGEMENT



Pre-cooling



Packaging



Consumer





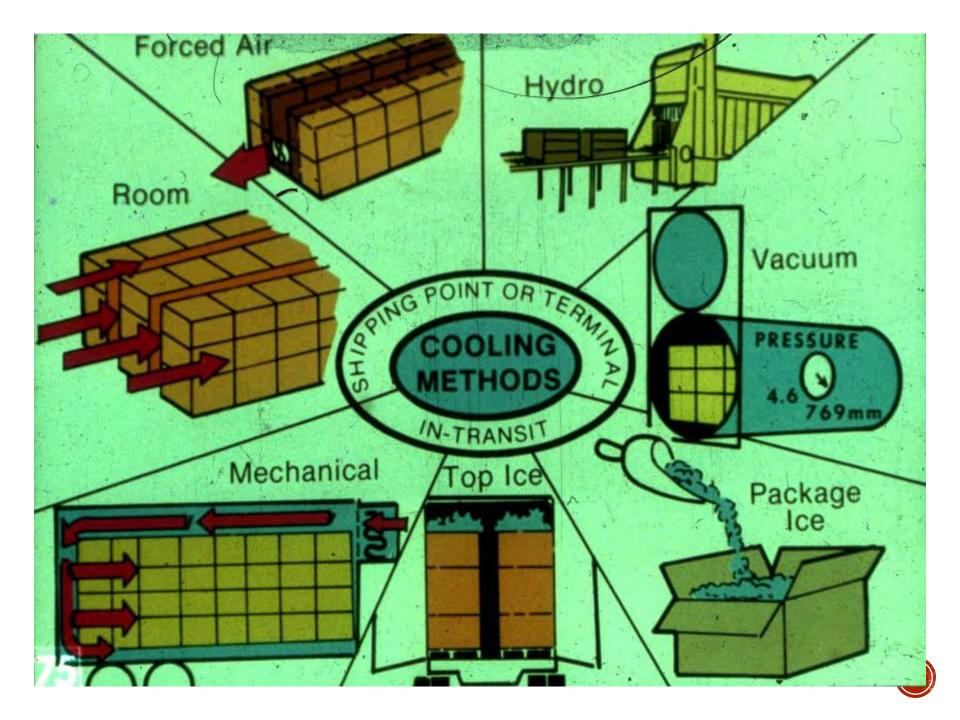
Storage



Transportation









HYDROCOOLING FOR CHERRIES





STORAGE TEMPERATURES FOR FRUITS

Fruits	Temperature (°C)	Relative humidity (%)
Orange	4-6	85-90
Mandarin	3	85-90
Lemon	10	85-90
Grapefruit	8-10	85-90
Apple	0-4	90-92
Pomegranate	6	90-92
Pear	0	90-92
Plum	0-1	90-92
Cherry	0	90-92
Peach	0	90-92
Banana	13	80-85



STORAGE TEMPERATURES FOR VEGETABLES

Vegetables	Temperature (°C)	Relative humidity (%)
Tomato (ripe)	7-8	90-95
Domates (breaker)	9-11	90-95
Domates (green)	11-14	90-95
Pepper	7-12	90-95
Eggplant	8-12	90-95
Cucumber	9-11	95
Squash	9-11	50-70
Carrot	0	95-98
Melon	5-7	70-80
Cabbage	0	95

SYMPTOMS OF CHILLING INJURY

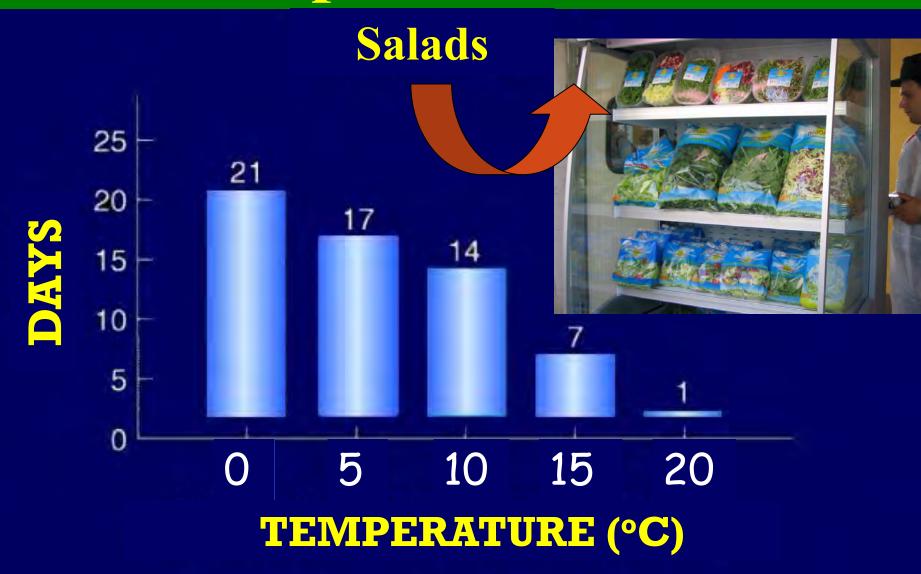
- PITTING
- DISCOLORATION
- INTERNAL BREAKDOWN
- FAILURE TO RIPEN
- DECAY

Controlling fruit temperature



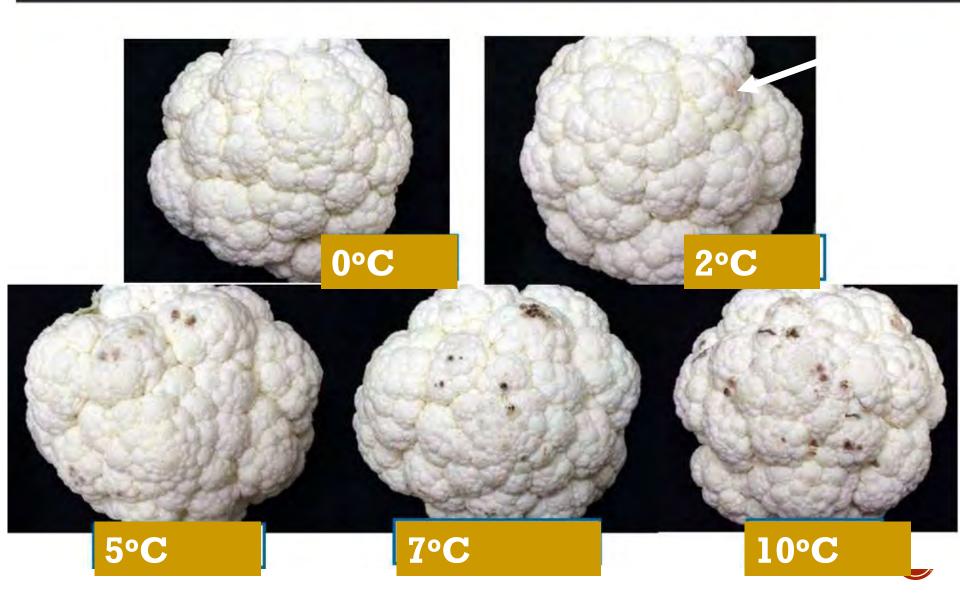


Temperature effect





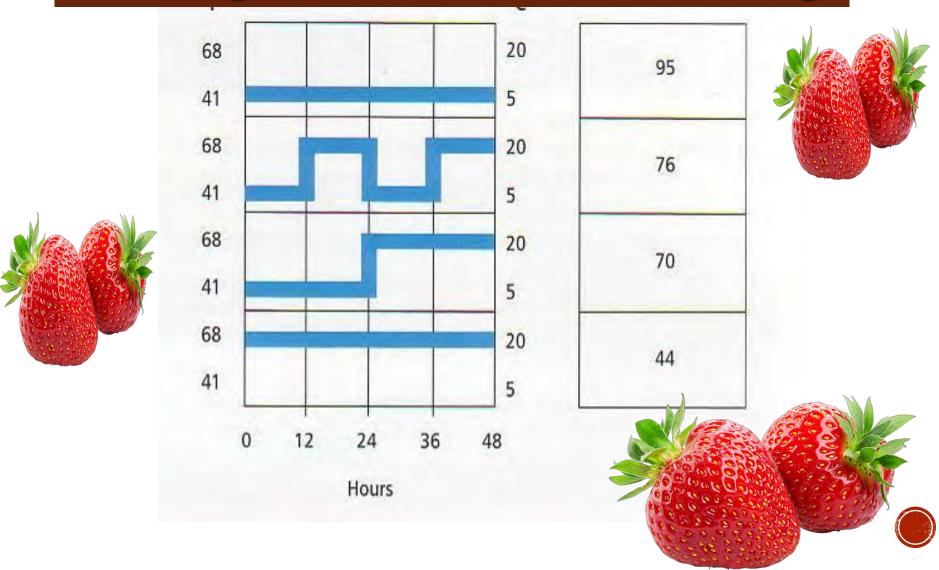
Cauliflower - 1 week storage



CHILLING INJURY IN PEPPER



Effect of temperature management for strawberry



Storage parameters AFFECTING fruit QUALITY



Temperature



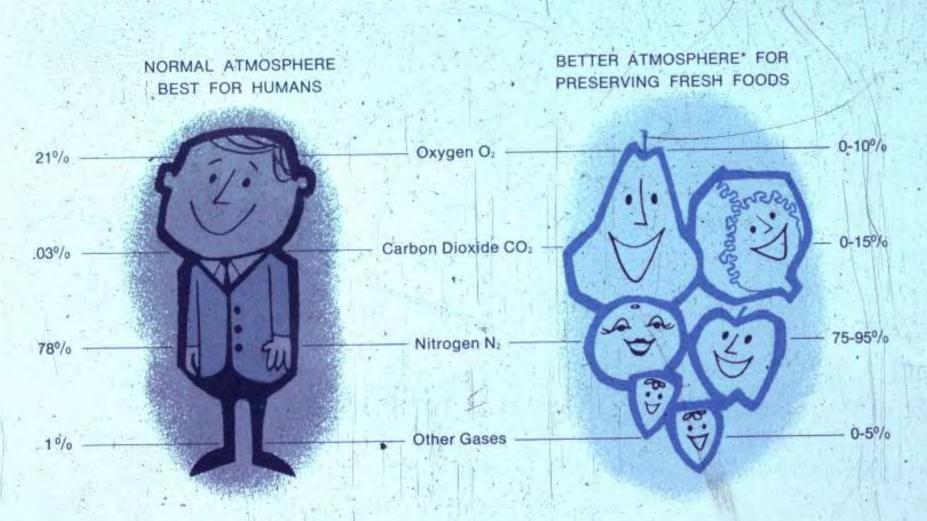
Ventilation Air amount & speed



Atmospheric composition Carbon dioxide Oxygen Ethylene

Relative Humidity

THERE IS A BEST ATMOSPHERE FOR MOST THINGS







Controlled Atmosphere (CA) Storage

- CA is a system for storing F&V in an atmosphere that differs from normal atmosphere.
- Reducing $O_2 \downarrow$
- Increasing CO₂
- Removing ethylene and other volatiles
- The three main gases in CA: CO_2 , O_2 and N_2 .







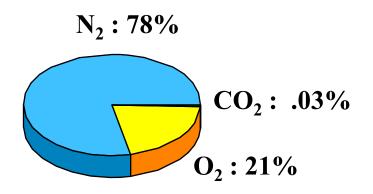


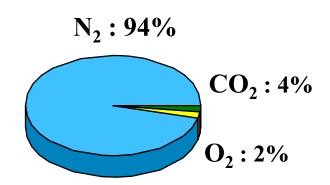


Composition of Storage Atmosphere

Cold Storage (Normal Air)

CA Storage (Desired Atmosphere)







 $%CO_{2}$: 4 $%O_{2}$: 2 $%CO_{2}+O_{2}$: 6 $%N_{2}$: 94

The advantages of CA storage

- Reduce: metabolic activity and oxidation,
 - respiration rate and ethylene production,
- **Control: ripening and senescence,**
 - loss of acidity, sugars, vitamins, firmness
 - degradation of chlorophyll,
 - physiological disorders,
 - decay and insects,
- Maintain quality and extends storage life,
- Longer shelf life.





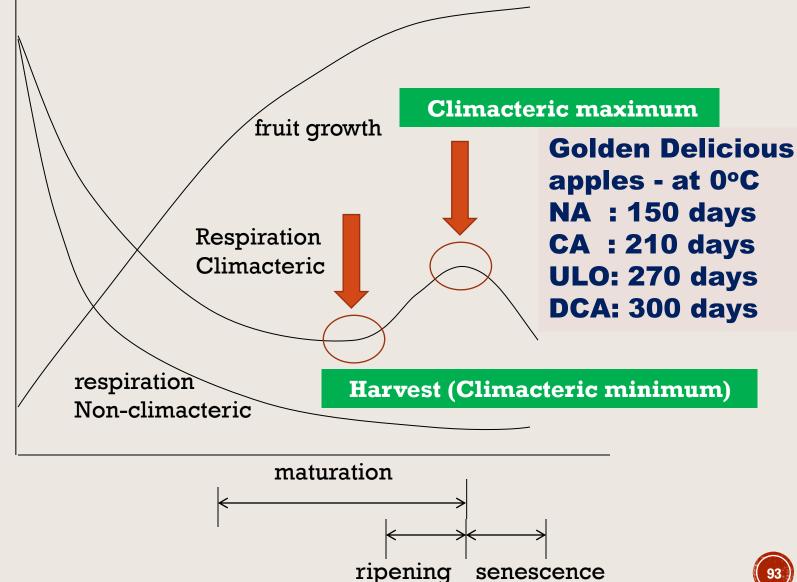




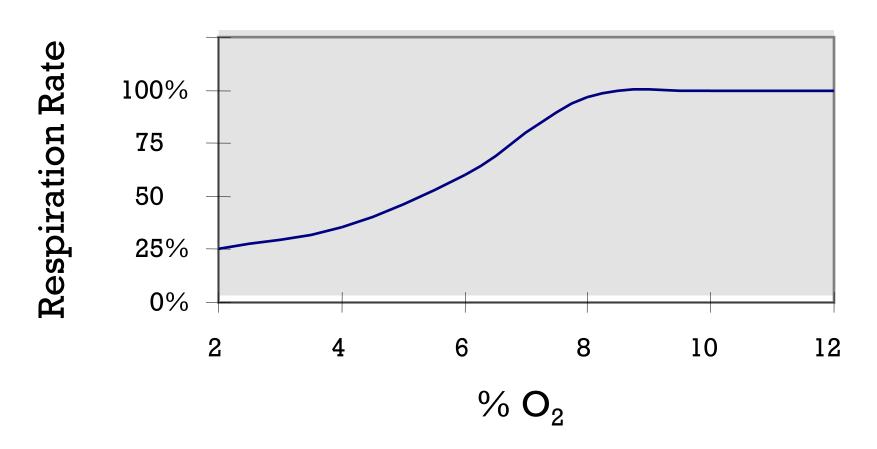


WHY CA STORAGE?





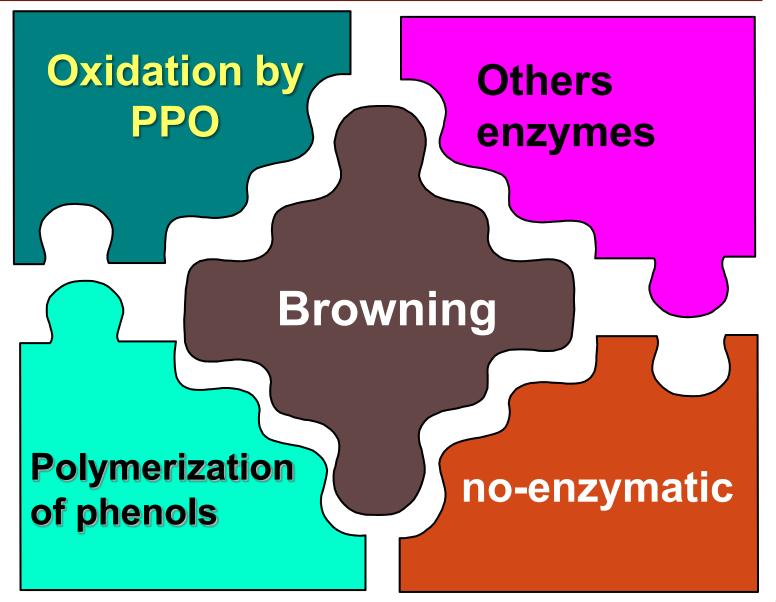
Respiration and O₂ relation



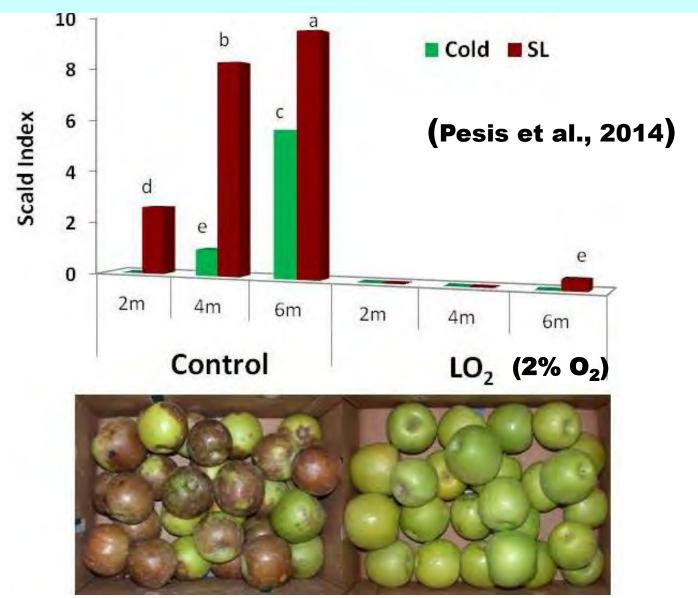
If O₂ level is too low, anaerobic respiration occurs



CONTROLLING BROWNING BY LOW 02



Superficial Scald Control – Granny Smith apples at 0°C for 6 months + 7 d at 20°C



DECAY CONTROL



CA stored (3% O₂ + 15% CO₂)

5 months at 6°C

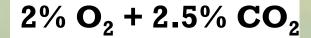
Air stored





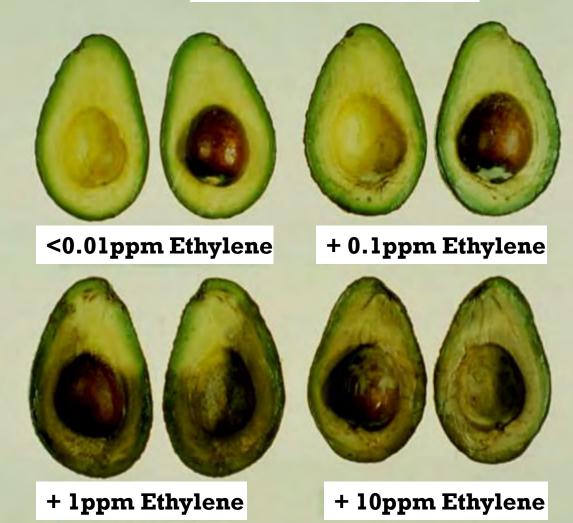
Reducing CI of Avocado with CA







'Hass' Avocado 9 weeks at 5°C+ 5 days at 20°C



Six Months Storage of Bartlett Pears



CA EQUIPMENTS Ethylene CO₂ Scrubber 7 Scrubber CO_2 and O_2 Controller **Temperature** Controller **Humidity N₂ Generator** Controller



Types of CA Storage

- Conventional CA Storage (2 10% O₂)
- Rapid CA (Establish in 1 to 3 days instead of 20-30 days)
- Ultra low O₂ (ULO) (1% O₂)
- Sequential CA (2 weeks 0.5% O₂, then 2% O₂ thereafter)
- High CO₂ Storage (10 20% CO₂)
- Dynamic CA (DCA) Storage (0.4 1% O₂)
- Low ethylene CA Storage (< 1 µl L⁻¹ C₂H₄)



CA STORAGE ROOMS

- Gas tight rooms and doors are prerequisite,
- Made from metal-faced sandwich panels,
- The joints between panels taped with gas tight tape or painted,
- Sealed CA rooms have pressure changes. Thus, pressure relief valve is prerequisite to solve this problem.









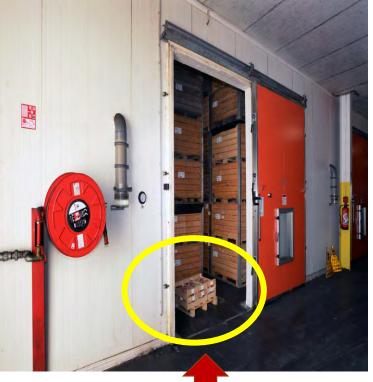


GAS TIGHT DOOR FOR CA STORAGE AND CONTROLLING FRUIT

Sample fruit in the boxes must be placed behind the hatch (monitoring window).

Gas tight door and monitoring window









POTENTIAL HAZARDS OF CA STORAGE

- Cause or aggravate some physiological disorders
- Low O₂ injury
- High CO₂ injury
- Cause irregular ripening
- Appearance, aroma, flavor
- Induces off-flavors/odors
- Anaerobic volatiles
- Increase decay susceptibility in some produce





Tolerance to high CO₂ levels (Kader, 2003)

Max. CO ₂ %	Commodities
2	Most Cvs. apples, apricot, pear, grape, tomato, lettuce, celery, artichoke
5	Peach, plum, orange, avocado, banana, kiwifruit, cauliflower
10	Grapefruit, lemon, lime, persimmon, pineapple, cucumber, asparagus, broccoli
15	Strawberry, cherry, cantaloupe, fig, pomegranate



Tolerance to low O₂ levels (Kader, 2003)

Minimum O ₂ %	Commodities
0.5	Nute dried fruite 2 vegetables Same
0.5	Nuts, dried fruits & vegetables, Some
	Cvs. apples
1.0	Most Cvs. apples & pears, broccoli, most
	min. processed F & V, mushrooms
2.0	Some Cvs. apples & pears, kiwifruit, peach,
	strawberry, cantaloupe, lettuce, cabbage
3.0	Avocado, persimmon, tomato, pepper,
	cucumber, pomegranate
5.0	Citrus, asparagus, potato, sweet potato
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High CO₂ injury

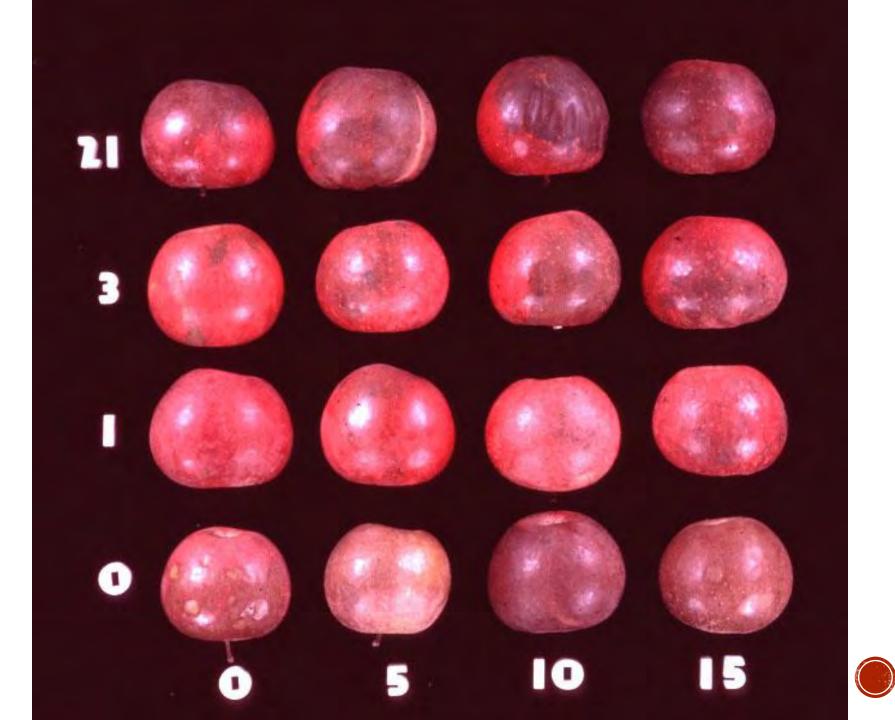
Golden Delicious apple





Honeycrisp apple







Optimum levels for CA storage of apples (Kupferman, 2001)

Cultivar—	Country	O ₂ (%)	CO ₂ (%)	Temp	Storage
apples				(°C)	life
					(month)
McIntosh	USA (MI)	1.5	<3	3.5	4 to 5
	New Zealand	3	<1.0	0.5	6
	South Africa	1.5	1.5	-0.5	8
Braeburn	USA (WA)	1.5	0.5	0 - 1	10
Cortland	Canada (NS)	1.5	1.5	3	8 - 10
	Netherlands	1.3	0.7	4	6.5
Cox's Orange	New Zealand	2	<2.0	3.0	3
Elstar	Netherlands	1 - 1.2	2.5	1.8	7

Optimum levels for CA storage of apples (Kupferman, 2001)

Cultivar—	Country	0 ₂ (%)	CO ₂ (%)	Temp	Storage
apples				(°C)	life
					(month)
Empire	Canada (NS)	2	0.5	2.0 - 2.5	8
	USA (MI)	1.5	<1.0	3.5	5 - 6
	New Zealand	2	<1.0	0.5	6
Fuji	USA (WA)	2.0	0.5	1	12
Gala	Canada (NS)	1.5	1.5	0 - 0.5	8
Gloster	Canada (NS)	1.5	1.5	0 - 0.5	10
	Italy	1	2	1 - 2	8 - 9
	Netherlands	1 - 1.2	4	1	8
Golden Delicious	South Africa	1.5	2.5	-0.5	9
	USA (MI)	1.5	<3	0	6 - 8
	USA (WA)	2	1.5	0 - 1	9

Optimum levels for CA storage of apples (Kupferman, 2001)

Cultivar— apples	Country	O ₂ (%)	CO ₂ (%)	Temp (°C)	Storage life (month)
	Italy	1	1	0	7 – 8
Granny Smith	New Zealand	2	2	0.5	6
	South Africa	1.5	1.5	-0.5 - +0.5	11
	USA (WA)	1.5	0.5	0 - 1	10
Red Delicious	Canada (NS)	2.5	4.5	0 to 0.5	10
Idared	Canada (NS)	2	0.5 - 1.5	0 - 3.0	10
	USA (MI)	1.5	<3	0	7 – 8
Jonagold	Canada (NS)	1.5	1.5	0 - 0.5	10
Jonathan	USA (MI)	1.5	<3	0	5 - 6



Optimum conditions for CA storage of pears (Kupferman, 2001)

Cultivar—	Country	O ₂ (%)	CO ₂ (%)	Temp	Storage
pears				(°C)	life
					(month)
Anjou	USA (WA)	1.5	0.3	-0.5 - 0	9
Beurre Bosc	South Africa	1.5	1.5	-0.5	4
Conference	Netherlands	2.5	0.7	-1	7.5
	South Africa	1.5	1.5	-0.5	6
Doyenne du	New	2	<1	-0.5	3
Comice	Zealand				
Forelle	South Africa	1.5	0.0	-0.5	7
Packham's	New	2	<1.0	-0.5	5
Triumph	Zealand				
Williams Bon					
Chretien	South Africa	1	0.0	0.00.5	4
Josephine	South Africa	1.5	1	-0.5	8

CA conditions for some fruit species other than apple and pear (Kader, 2003)

Species	Tempe r. (°C)	RH (%)	O ₂ (%)	CO ₂ (%)	Time
Avocado	5-7	90	2-3	3-10	2 - 3 months
Cherry	0	95	3-10	10-12	30 - 45 days
Kiwi	0	98	2	4-5	5 - 7 months
Pomegranate	6	95	3	15	5 months
Peach	0	95	2	4-5	30 - 50 days
Plum	0	95	2	5	2 - 5 months







CA conditions for some vegetables (Kader, 2003)

Species	Temper.	02	CO ₂	Time
	(°C)	(%)	(%)	
Asparagus	1 - 4	10 - 16	10 - 14	10 - 15 Days
Artichokes	0 - 1	2 - 4	2 - 3	20 - 25 days
Broccoli	0	2 - 3	5 - 10	30-45 days
Cabbage	0	2 - 3	4 - 5	6 months
Cauliflower	0	3 - 4	5 - 7	40-50 days
Cucumber	12	1 - 4	0	20 days
Garlic	-1	3	5	7 months
Green beans	7	3 - 4	4 - 5	10 days
Leeks	0	2 - 4	5 - 10	5 months
Onions	0	1 - 2	0 - 1	9 months
Tomatoes	2	3 - 4	2 - 3	30 - 40 days

Classification of fruits and vegetables according to their CA storage potential (Kader, 2003)

Storage	
Duration	Commodities
(month)	
>12	Almond, Brazil nut, cashew, filbert, macadamia, pecan, pistachio, walnut, dried fruits and vegetables
6 -12	Most cultivars of apples and European pears
3 – 6	Cabbage, Chinese cabbage, kiwifruit, persimmon, some plum cvs., pomegranate, some cultivars of Asian pears, pears
1 – 3	Avocado, banana, cherry, grape, mango, olive, onion, some cultivars of nectarine, peach and plum, tomato
<1	Asparagus, broccoli, berries, fig, lettuce, melons, papaya, pineapple, strawberry, fresh-cut produce

RIPENING HORMONE



Threshold = 0.1 to 10 ppm

ETHYLENE - AN IMPORTANT FACTOR

- Useful:
 - Accelerates ripening
 - Causes abscission
- A problem:
 - Accelerates ripening
 - Accelerates senescence
 - Causes abscission





CHARACTERISTICS OF ETHYLENE RESPONSES

- Threshold concentration (0.1 ppm)
- Plateau concentration (10 ppm)
- Associated respiration rise
- Temperature optimum (15 25°C)
- **•CO₂ (>1%) inhibits**



INHIBITION OF ETHYLENE ACTION

- Controlled and modified atmospheres
 - Low oxygen, high CO₂ inhibit production, action
- Silver thiosulfate
 - Registered for cut flowers
- 1-MCP (SmartFreshTM)



USE OF 1-MCP

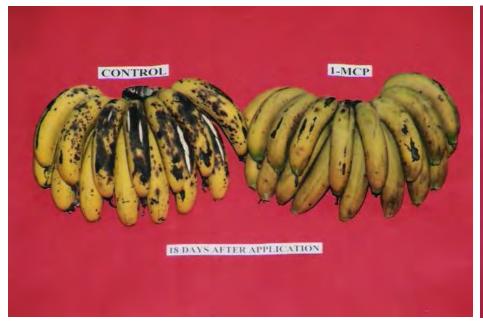




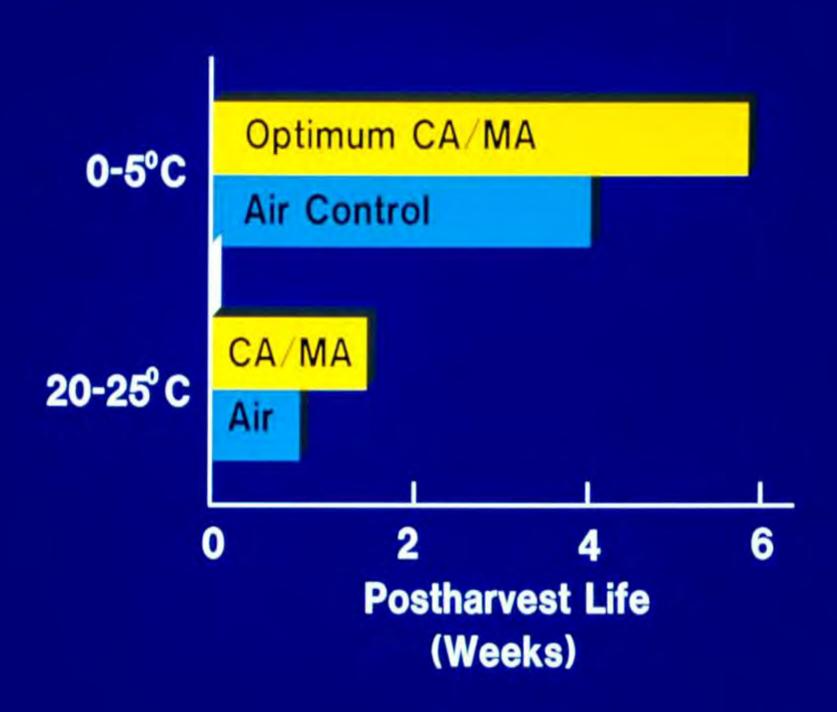


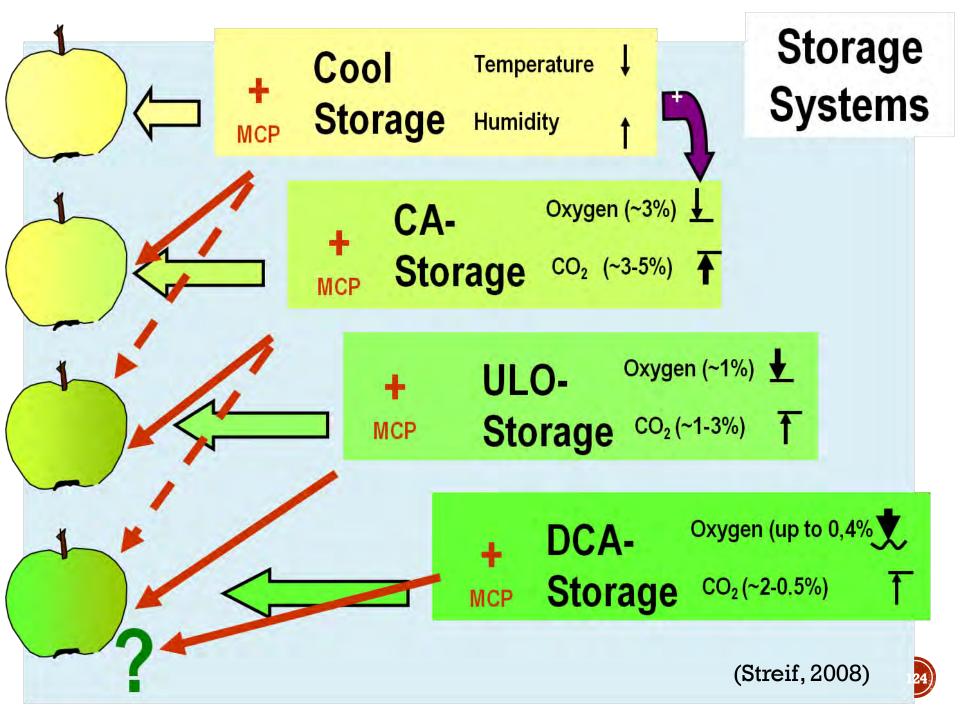












10 critical point for quality maintenance

- 1) Harvesting at optimal maturity,
- 2) Minimizing mechanical injury at harvest,
- 3) Do not leave the product under direct sun after harvest,
- 4) Transportation of products from orchard to packinghouse asap,
- 5) Immediate cold chain management after harvest,
- 6) Using appropriate technology during packaging,
- 7) Maximum care during handling and packaging,
- 8) Using appropriate packaging for the product,
- 9) Using appropriate transportation technology,
- 10) Teaching employers.



